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Livelihood Technology Series 24

PEANUT PROCESSING



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'Our Business is Industry..."

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Livelihood Technology Series 24 Peanut Processing

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PEANUT PROCESSING

INTRODUCTION

Peanut is a versatile food and food ingredient. As food, its advantages are: pleasing aroma and flavor, crunchy texture, high-energy value, high protein, minerals and vitamins, such as thiamin and niacin. Peanut can also be processed as an ingredient into many food products.

PEANUT BUTTER

Raw Materials

- 2 kg shelled peanuts
- 1/4-1/2 kg sugar
 - 1/2 tsp refined salt
 - 1/2 cup vegetable oil/corn oil or margarine/butter

Utensils

measuring cups and spoons	ladle
weighing scale	basin/tray
carajay	grinder
stove	

Packaging Material

glass or plastic jars with new caps

Procedure

- 1. Roast peanuts in frying pan. Stir constantly to avoid scorching.
- 2. Cool.
- 3. Remove skins. Separate the skin from the peanut bean by using a winower.
- 4. Grind peanuts in a cocoa or coffee grinder with sugar, salt and vegetable oil or margarine/butter.
- 5. Pack in previously sterilized preserving jars.
- 6. Seal tightly, label and store.

PEANUT BRITTLE

Raw Materials

- 1 cup shelled peanuts, raw
- 1 cup white sugar
- 1/2 cup light corn syrup or glucose
- 1 tsp margarine
- 1 tsp baking soda
- 1 tsp vanilla
- ¹/₈ tsp salt

Utensils

measuring spoons measuring cups *carajay* stove kneading board spatula wooden ladle rolling pin

Packaging Material

sterilized jar or plastic bag (.003 PP/PE)

Procedure

- Roast the peanut in frying pan or in an oven at 99°C (210°F) for 20 minutes.
- 2. Heat the sugar until melted and golden brown in color.
- 3. Add margarine and vanilla. Mix and continue heating at low flame with constant stirring for 20 minutes.
- 4. Add baking soda until light and foamy.
- 5. Immediately pour on lightly greased cookie sheet and flatten with rolling pin or long neck bottle.
- 6. Cut the peanut brittle into desired size while still hot.
- 7. Cool and pack in sterilized jar or plastic bag (.003 PP/PE).

PASTILLAS DE MANI

Raw Materials

- 1¹/₂ kg shelled peanuts
 - 4 cans condensed milk
 - 1 can evaporated milk

Utensils

weighing scale carajay stove ladle

kneading board rolling pin spatula corn mill

Packaging Material

wax paper

Procedure

- 1. Roast the peanuts in frying pan stirring constantly to avoid scorching.
- 2. Remove skin, then grind in corn mill.
- 3. Add the other ingredients and mix thoroughly.
- 4. Cook very slowly until the mixture thickens.
- 5. Sprinkle sugar on a board and spread the mixture with a rolling pin.
- Cut into pieces of 3.8cm $(1\frac{1}{2} \text{ in.})$ by 1.3cm $(\frac{1}{2} \text{ in.})$ size or 6. desired size and shape.
- 7. Wrap in wax paper.

LESS-GREASE PEANUT

Raw Materials

- 1 kg shelled peanuts
- ½Lcooking oil½tsprefined salt
- ¼ tsp garlic powder

Utensils

measuring cups measuring spoons carajay ladle

colander basin stove weighing scale

Packaging Material

clean jars or .003 PP/PE bags

Procedure

1. Soak the peanuts in boiled water for 5-10 minutes.

- 2. Take out from boiled water and place peanuts in basin with tap water. Remove peanut skin.
- 3. Sun dry the peanuts for 2 days (at least 12 hours).
- 4. Deep fry in hot cooking oil (150°C) for 2-3 minutes.
- 5. Place in cheesecloth to remove oil. Cool and sprinkle with refined salt and garlic powder.
- 6. Pack in clean jars or .003 PP/PE bags.
- 7. Seal and store.

SUGAR COATED PEANUTS

Raw Materials

- 3 cups peanuts
- 2 cups white sugar
- 1 cup water
- 1 tsp margarine
- 1 tsp vanilla

Utensils

saucepan stove/burner measuring spoons measuring cups

stainless steel pan or aluminum tray spatula wooden ladle/spoon

Packaging Material

plastic bag (PE bag) (.003 PP/PE)

Procedure

- 1. Grease stainless tray or aluminum tray with margarine. Set aside.
- 2. In a saucepan, mix peanuts, sugar and water using wooden spoon/ladle.
- 3. Place in stove then allow to heat with continuous stirring until sugar starts to melt and stick to peanuts.
- 4. Add margarine and vanilla. Continue stirring.
- 5. Transfer the mixture into greased tray, spread the mixture to avoid peanuts to stick with one another.
- 6. Cool and pack in sterilized jar or plastic bag (.003 PP/PE).